Old Dominion Lacrosse Coaches Prospect Day July 24th 2021 @ Randolph-Macon College

ODAC Coaches in Attendance

Roanoke College	Head Coach Bill Pilat	<u>pilat@roanoke.edu</u>
Randolph-Macon College	Head Coach J.B. Sheridan	jbsheridan@rmc.edu
Randolph-Macon College	Asst. Coach Mike Sullinger	Michaelsullinger@rmc.edu
Shenandoah University	Head Coach Tim Marshall	<u>tmarshal@su.edu</u>
Hampden-Sydney College	Head Coach Jason Rostan	<u>jrostan@hsc.edu</u>
Washington & Lee Univ.	Asst. Coach Ryan Rohde	<u>rrohde@wlu.edu</u>
Univ. of Lynchburg	Asst. Coach Colin McGuire	mcguire_c@lynchburg.edu
Bridgewater College	Head Coach Mic Grant	wgrant@bridgewater.edu
Randolph College	Head Coach Andy Sinclair	asinclair@randolphcollege.edu
Ferrum College	Head Coach Mike Baggetta	mbagetta@ferrum.edu

8:00-9:00 Check In/Registration @ Birdsong Hall (Bring Completed Waivers)

9:15-11:30am- Morning Session: Positional & Situational Drills

11:45-1:00pm- Lunch Off Campus (Campers and their families will need to make their own arrangements for lunch)

1:15-4:45pm- Afternoon Session: 44 Min. Games

1:15pm	Goalie Warm-Ups/Stretching & Stick Skills (By Teams)
1:30pm	Day Field: Team 1 vs Team 2
	West Turf: Team 3 vs Team 4
2:30pm	Day Field: Team 1 vs Team 4
	West Turf: Team 2 vs Team 3
3:30pm	Day Field: Team 1 vs Team 3
	West Turf: Team 2 vs Team 4

*We would like to thank you in advance for following all camp rules & procedures that have been put in place for your safety, the safety of others, and in order for us to be able to host this event. Thank you and please travel safely.