

**Old Dominion Lacrosse Coaches Prospect Day
July 19th 2020 @ Randolph-Macon College**

ODAC Coaches in Attendance

Roanoke College	Head Coach Bill Pilat	pilat@roanoke.edu
Randolph-Macon College	Head Coach J.B. Sheridan	jbsheridan@rmc.edu
Randolph-Macon College	Asst. Coach Mike Sullinger	Michaelsullinger@rmc.edu
Univ. of Lynchburg	Asst. Coach Colin McGuire	mcguire_c@lynchburg.edu
Shenandoah University	Head Coach Tim Marshall	tmarshal@su.edu
Hampden-Sydney College	Head Coach Jason Rostan	jrostan@hsc.edu
Washington & Lee Univ.	Asst. Coach Ryan Rohde	rrohde@wlu.edu
Randolph College	Head Coach Andy Sinclair	asinclair@randolphcollege.edu
Bridgewater College	Head Coach Mic Grant	wgrant@bridgewater.edu
Ferrum College	Head Coach Mike Baggetta	mbagetta@ferrum.edu

8:00-9:00 Check In/Registration: Please Follow All Procedures

8:00-8:30- Last Names A-M

8:30-9:00- Last Names N-Z

Step 1: Park in North Brock Parking Lot. Please do not get out of your car prior to your registration time.

Step 2: Temperature Check: All Campers & Spectators (2 Max per Camper) will go through health screenings questions and must register a body temperature below 100.4 in order to attend camp. Once cleared, campers & spectators will receive a wrist band to proceed to next station.

Step 3: Proceed to Day Field entrance to check in, receive jersey, and team assignment. You can wait in your car until 9:00am if you would like. Once on the field, campers need to place their bags/equipment/water spaced out around the field along the fence. Parents/spectators will not be permitted around the track surrounding Day Field nor will anybody be allowed to congregate in the breezeways under Birdsong or Andrews Hall.

*All campers must wear a mask during registration and prior to entering day field and put it back on after each session when you exit the field. ALL parents & spectators must wear a mask while on campus. Parents & spectators will only be permitted to watch from the West (main) bleachers and need to practice safe social distancing. As camp sessions end, do not walk down to field entrance to meet your sons, please wait for them outside the facility or in the North Brock Lot. Parents/spectators who do not comply will be required to leave campus.

9:30-11:45am- Morning Session: Positional & Situational Drills

12:00-1:45pm- Lunch Off Campus (Campers and their families will need to make their own arrangements for lunch)

2:00-4:45pm- Afternoon Session: 20 Min. Games

2:00	Goalie Warm-Ups/Stretching & Stick Skills
2:10	Team 1 vs Team 2
2:35	Team 2 vs Team 3
3:00	Team 3 vs Team 1
3:25	Team 1 vs Team 2
3:50	Team 2 vs Team 3
4:15	Team 3 vs Team 1
4:35	Wrap Up

***We would like to thank you in advance for following all camp rules & procedures that have been put in place for your safety, the safety of others, and in order for us to be able to host this event. Thank you and please travel safely.**